

## SUCCESS STORY

## Man-to-Man Talk!

USAID is promoting sexual and reproductive health conversations between male healthcare providers and male clients.

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Pedro João, healthcare provider

In Angola, despite significant improvements in recent years, the disparity between women and men seeking sexual and re-productive health and family planning services is still wide. Supervision visits at health units in Luanda show that more than 90% of clients looking for sexual and reproductive health and family planning (FP) services are women. Sexual and re-productive health and family planning services are traditionally seen as an exclusive necessity for women.

Pedro João has been a healthcare provider for seven years. He provides FP counseling and services at Bita Tanque Health Unit in Luanda. As many other healthcare providers, he was used to seeing only female clients.

December 13-15 2017, was a remarkable period of time for Pedro João. He was one of the 16 male healthcare providers who participated in the first training on sexual and re-productive health and family planning designed specifically for male healthcare providers in Luanda Province.

Over the training days, providers had to give sexual and re-productive health and family planning counseling to male clients in the hospital. Due to the lack of male clients in the health unit, Pedro and two teammates decided to go into the streets. Pedro came across a mototaxi driver and decided to provide to him sexual and reproductive health and family planning counseling..

During a classroom discussion, Pedro mentioned: "I thought that here in Luanda men had a reasonable knowledge about basic reproductive health topics. I was surprised when a 25-year-old man did not know that contraceptives could be used even when a woman does not have children. There are men who do not know anything about reproductive health. That made me realize there is a lot of work to be done, not only in the hospitals, but also in the communities around our hospitals."

In the last day of the training, Pedro felt motivated and shared: "I am so glad I attended this training. Now, I can have a man-to-man talk with my male friends and tell them that men should also take responsibility with regards to contraception. This training was very helpful to me as a man and as a healthcare provider."